



WONDER NEWS

ANN (ANA) MORRIS, BILINGUAL CHILDREN'S AUTHOR & TRANSLATOR

WWW.AUTHORANNMORRIS.COM

JULY 2019

WELCOME!

Welcome to Wonder News! I'm glad to share what I think and do with you! People are welcome to contact me to give me feedback and ideas, and to request to be added to my email list. I will add no one without a request. Feel free to share with others!

It has to get better...

I would never compare my life to anyone else's, because I know my experiences are my own. I have been treated for depression and anxiety for years, and my doctor finally found a healthy balance of meds for me. In fact, we have actually reduced one of my anti-anxiety meds by a pill per day. For me, that is progress. I have had very deep lows (with no life threats or hospitalizations) and understand the invisible illnesses that others describe to me.

That said, my parents have been failing for quite some time. At ages 95 and 91 that is to be expected. The family worked tirelessly to do the best we could to keep their care updated and appropriate for their health.

This may explain the long gap between my last newsletter and this one.

My dad passed away the last week of February. It was very emotional, as he was the rock of our family.

Mom passed away on Father's Day this year, June 16. At first, I thought Mom's passing would be easier to deal with, as her memory had been fading, and she had had two painful falls. They were both ready to go home when they passed, and all three of us siblings were with them. What a blessing.



This is one of my favorite photos of Mom and Dad. They loved each other deeply and were married for 70 years this past summer.

They were my best friends. After my divorce seven years ago, I didn't socialize much. My budget was very limited. I always knew that they were there and welcomed my company.

Things have changed drastically. As others of you know, I feel like an orphan. Everything reminds me of them. I cry a lot.

From years of therapy and my strong faith background, I have resources and family that love me. I am ever so grateful for those blessings. But grieving takes time.

My plan is this. I make myself do at least one constructive thing each day. Some days that turns into several, and others, I allow myself to mourn.

My book, "Love, Grandma" is progressing with my publisher. The illustrator has added color to his illustrations, so I know we are getting close to finishing it. Yay!

I continue to do what I can as I can to help my friends and family in Ghana. I am planning another extended trip that will encompass each region of the country to write a book to be used in their schools about their homeland. That takes extensive planning, and I have a



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very capable and apt crew with that, including friends and experts I have personally met. All Ghanaian.

I have translated a major document from English to Spanish for a local municipal department, which gave me a boost.

I haven't been totally idle, but I haven't felt like communicating.

I hope you understand.

Please don't pity me or try to console me. I have had so many people share their love and condolences. I'm overwhelmed. I'm appreciative, but I need to move forward now. It has been eight weeks today since Mom passed.

I was blessed beyond measure to have the parents I did. I grew up in a home full of love and faith. Mom and Dad never fought. If they disagreed, it was resolved between the two of them.

The best thing I can do in their memory is to live my life full of love, as they did.

"Love, Grandma" is about my granddaughters and me. It is my tribute to our early years. I love them dearly and always want them to know that.

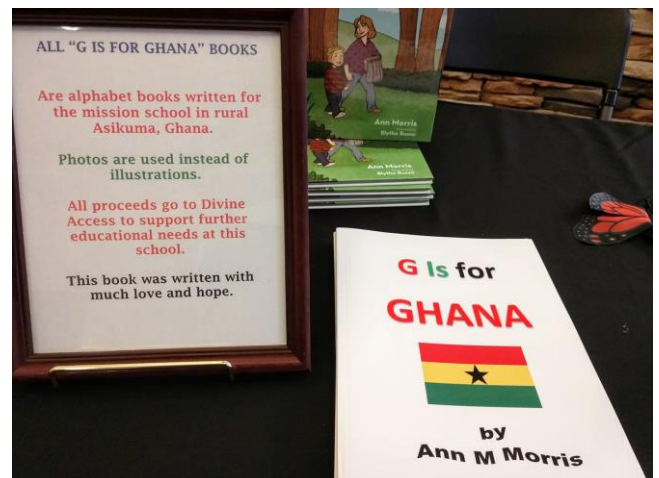
BICKFORD WEST ASSISTED LIVING

While my book activities were limited during this time, I did read monthly to interested residents of the assisted living home where Mom and Dad lived. It was a treat and a joy. Such wonderful questions and discussions!



Recent Activity

June 29 and 30, I participated in an event at Valley West Mall in West Des Moines, Iowa. Independent Authors Book Expo (IABE).



Next Event!

Meet the Author! At M & M Bookstore in Cedar Rapids, Iowa. August 14 from 11 am until they show me the door!



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Currently Reading

I started reading the Outlander series by Diana Gabaldon before Jamie and Claire even went to America! I started reading the addictive books when we still had to wait a couple of years for the next to appear! I'm currently reading "An Echo in the Bone", which I have owned for several years. So when I say I'm reading a book from the series, I'm trying now to stay ahead of the TV movie series. And I'm loving it.

The Very Particular Puppy



I had this book reviewed by several people before setting out to publish it. I was told, which I really knew already, that I had some significant revisions to make.

Have no fear. Scooter will be rewritten and still be cute.

Who could resist that face? He is adorable!

Where Are My Books?

My books are available in several locations locally as well as online.

My website will get you a signed book:

www.authorannmorris.com

Facebook Author page:

<https://www.facebook.com/AnnMorrisChildrensAuthorLanguageConsulting/>

The books are on Amazon:

<http://www.amazon.com/-/e/B00C8G2V8S>

Barnes & Noble: www.barnesandnoble.com/

Books-a-Million (BAM):

www.booksamillion.com/

Mascot Books: www.mascotbooks.com

They are also on consignment at several Central Iowa stores.

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